



The RelayHealth Emergency Department Discharge Instructions (EDDI) package provides discharge instructions on over 240 of the most common healthcare issues seen in the emergency department. EDDI topics contain clinically accurate condition information, including symptoms, causes, home care, prevention, and emergent and non-emergent follow-up instructions. Healthcare professionals can customize each handout with patient and provider name and address, lab and test results, treatments, medications given and prescribed, and follow-up directions. With the use of the EDDI, patients now have a reference source to help them stay on track with their prescribed care plan.

- Abrasions (Scrapes)
- Abscess
- Adult Abdominal Pain
- Adult Acute Bronchitis
- Adult Allergic Reaction
- Adult Asthma
- Adult Atopic Dermatitis (Eczema)
- Adult Avulsed Tooth (Knocked Out Tooth)
- Adult Cast Care
- Adult Chest Pain
- Adult Constipation
- Adult Dehydration
- Adult Diarrhea
- Adult Ear Cerumen Impaction (Earwax Blockage)
- Adult Ear Foreign Body
- Adult Earache
- Adult Facial Trauma
- Adult Fever
- Adult Head Injury (Concussion)
- Adult Motor Vehicle Accident
- Adult Nausea and Vomiting
- Adult Otitis Externa (Swimmer's Ear)
- Adult Otitis Media (Middle Ear Infection)
- Adult Palpitations (Rapid Heartbeat)
- Adult Pharyngitis (Sore Throat)
- Adult Pharyngitis Strep (Strep Throat)
- Adult Safety in the Home
- Adult Seizures (Convulsions)
- Adult Syncope (Fainting)
- Adult Tension Headache
- Adult Upper Respiratory Infection (Common Cold)
- Adult Urinary Tract Infection (UTI)
- Adult Viral Illness
- Adult Vomiting and Diarrhea
- Adult Wheezing
- Alcohol Use and Abuse
- Allergic Rhinitis (Hay Fever)
- Anaphylactic Reaction (Severe Allergic Reaction)
- Animal Bite
- Ankle Fracture (Broken Ankle)
- Ankle Sprain
- Arthritis

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- Back Pain Lumbar (Lower)
 - Bacterial Vaginosis (Vaginal Infection)
 - Bee or Wasp Bite or Sting
 - Bell's Palsy
 - Boils and Carbuncles
 - BRAT Diet for Diarrhea
 - Bursitis (Joint Inflammation)
 - Candidiasis (Thrush)
 - Candidiasis (Yeast Infection)
 - Carbon Monoxide Poisoning
 - Cellulitis
 - Chemical Exposure Skin
 - Chemical Pneumonitis (Inhaled Chemicals)
 - Chest Wall or Rib Injury
 - Child Abdominal Pain
 - Child Acute Bronchitis
 - Child Acute Diarrhea
 - Child Allergic Reaction
 - Child Asthma
 - Child Atopic Dermatitis (Eczema)
 - Child Avulsed Tooth (Knocked Out Tooth)
 - Child Bronchiolitis
 - Child Cast Care
 - Child Chest Pain
 - Child Colic
 - Child Constipation
 - Child Dehydration
 - Child Ear Cerumen Impaction (Earwax Blockage)
 - Child Ear Foreign Body
 - Child Earache
 - Child Facial Trauma
 - Child Fever
 - Child Head Injury
 - Child Laryngotracheitis (Croup)
 - Child Lice
 - Child Motor Vehicle Accident
 - Child Nausea and Vomiting
 - Child Nose Foreign Body
 - Child One Year and Older Vomiting and Diarrhea
 - Child Otitis Externa (Swimmer's Ear)
 - Child Otitis Media (Middle Ear Infection)
 - Child Palpitations (Rapid Heartbeat)
 - Child Pharyngitis (Sore Throat)
 - Child Pharyngitis Strep (Strep Throat)
 - Child Safety in the Home
 - Child Seizures (Convulsions)
 - Child Superficial (1st Degree) and Partial-thickness (2nd Degree) Burns
 - Child Syncope (Fainting)
 - Child Tension Headache
 - Child Under 1 Year Vomiting and Diarrhea
 - Child Upper Respiratory Infection (Common Cold)
 - Child Urinary Tract Infection (UTI)
 - Child Viral Illness
 - Child Wheezing
 - Chlamydia
 - Cholelithiasis (Gallstones)
 - Chronic Obstructive Pulmonary Disease (Lung Disease)
 - Clavicle Fracture (Broken Collarbone)

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- Coccyx Injury (Tailbone Injury)
 - Conjunctivitis (Pinkeye)
 - Conjunctivitis Allergic (Allergic Pinkeye)
 - Contact Dermatitis (Skin Irritation)
 - Contusion (Bruise)
 - Corneal Abrasion (Eye Scratch)
 - Costochondritis (Chest Wall Pain)
 - Cough
 - Crutches
 - Decubitus Ulcer (Bedsore or Pressure Sore)
 - Dental Pain (Toothache)
 - Dermatitis (Rash) Adult
 - Dermatitis (Rash) Child
 - Dietary Approaches to Stop Hypertension (The DASH Diet)
 - Dizziness
 - Drug Use and Abuse
 - Ectopic Pregnancy
 - Edema (Swelling or Fluid Retention)
 - Elastic Bandage Use
 - Elbow Fracture (Broken Elbow)
 - Elbow Radial Head Subluxation (Nursemaid's Elbow)
 - Elbow Sprain
 - Electrical Injury
 - Epididymitis (Testicle Inflammation)
 - Epistaxis (Nosebleed)
 - Epstein-Barr Virus (Infectious Mononucleosis)
 - Essential Hypertension (High Blood Pressure)
 - Exposure to Blood and Body Fluid
 - Exposure to Blood and Body Fluid Healthcare Provider
 - Eye Burn from Welding or UV Light
 - Eye Chemical Burn
 - Eye Foreign Body
 - Eye Soft Tissue Injury (Black Eye)
 - Facial Laceration (Cut)
 - Facial Puncture Wound
 - Facial Trigeminal Neuralgia (Nerve Pain)
 - Febrile Seizures (Convulsions from High Fever)
 - Fifth Metacarpal Fracture (Boxer's Fracture)
 - Finger Dislocation
 - Finger Fracture (Broken Finger)
 - Finger Sprain
 - Fire Ant Bite or Sting
 - Foot Laceration (Cut)
 - Foot Puncture Wound
 - Foot Sprain
 - Frostbite
 - Gastroesophageal Reflux Disease (Heartburn)
 - General Laceration (Cut)
 - Genital Herpes
 - Gonorrhea
 - Gout
 - Groin Strain
 - Hand Laceration (Cut)
 - Hand Puncture Wound
 - Hand Sprain
 - Heart Failure (HF)
 - Heat Illness
 - Hematuria (Blood in Urine)
 - Hemorrhoids
 - Herniated Cervical Disk (Slipped Neck Disk)

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- Herniated Disk Lumbar (Slipped Disk)
 - Human Bite
 - Humeral Shaft Fracture (Broken Upper Arm)
 - Hyperglycemia (High Blood Sugar)
 - Hyperventilation Syndrome (Rapid Deep Breathing)
 - Hypoglycemia (Low Blood Sugar)
 - Impetigo (Bacterial Infection)
 - Influenza (Flu)
 - Ingrown Toenail
 - Inguinal Hernia (Groin Hernia)
 - Inguinal Hernia Indirect (Scrotal Hernia)
 - Insect Bite or Sting
 - Knee Sprain
 - Laryngitis (Hoarse Voice)
 - Lice Overview
 - Marine Animal Bite or Sting
 - Mastitis (Breast Infection)
 - Meningitis Exposure
 - Metacarpal Fracture (Broken Hand)
 - Metatarsal Fracture (Broken Foot)
 - Methicillin-resistant Staphylococcus Aureus Infection
 - Migraine Headache
 - Mole
 - Neck Strain
 - Needlestick Injury
 - Non-poisonous Snake Bite
 - Non-poisonous Spider Bite
 - Normal Pregnancy
 - Nose Fracture or Injury (Hurt or Broken Nose)
 - Orbit Fracture (Broken Eye Socket)
 - Overdose of Drug or Substance
 - Panic Attack
 - Paresthesia (Tingling or Numbness)
 - Partial-thickness (2nd Degree) Burn
 - Patellar Dislocation (Knee Dislocation)
 - Patellar Fracture (Broken Kneecap)
 - Pelvic Inflammatory Disease
 - Penile Discharge
 - Penile Lesion
 - Phlebitis and Superficial Thrombophlebitis (Blood Clot)
 - Plantar Fasciitis (Heel Pain)
 - Pleurisy
 - Pneumonia
 - Poisonous Snake Bite
 - Poisonous Spider Bite
 - Proximal Humerus Fracture (Broken Shoulder)
 - Pruritus (Itchy Skin)
 - Radiculopathy (Arm or Leg Pain)
 - Radius or Ulna Fracture (Broken Forearm)
 - Radius or Ulna Fracture (Broken Wrist)
 - Rectal Bleeding
 - Renal Calculi (Kidney Stones)
 - Rhus Dermatitis (Poison Ivy, Sumac, and Oak)
 - Rib Fracture (Broken Rib)
 - Scalp Laceration (Cut)
 - Sexual Assault
 - Shoulder Dislocation
 - Shoulder Sprain
 - Sinusitis (Sinus Infection)
 - Skin Foreign Body
 - Spontaneous Abortion (Miscarriage)

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- Subungual Hematoma (Blood Under Nail)
 - Sunburn
 - Superficial (1st Degree) Burn
 - Tick Bite
 - Toe Dislocation
 - Toe Fracture (Broken Toe)
 - Toe Sprain
 - Torticollis (Wry Neck)
 - Transient Ischemic Attack (Stroke)
 - Tremor (Shake)
 - Trichomoniasis
 - Urticaria (Hives)
 - Vaginal Bleeding
 - Varicella (Chicken Pox)
 - Varicella Zoster (Shingles)
 - Vasculitis (Inflammation of Blood Vessels)
 - Vertigo
 - Wart
 - West Nile Virus
 - Wound Care
 - Wound Dressing Change
 - Wound Puncture
 - Wrist Sprain